

Are You Ready? By Debra McGhan

Disasters are not a matter of if – they are a matter of when. Consider all of the floods, earthquakes, storms, fires and other natural disasters that continually plague our planet, our cities and our communities. And what about other emergencies like accidents and illnesses (H1N1 flu virus) that strike?

September is National Emergency Preparedness Month. Are you and your family prepared in the event of an emergency or disaster? Do you have a survival kit and know what to do if you are unable to obtain emergency support during a disaster?

Want a fun way you can learn how to get ready and obtain the things you need to be prepared?

The North America Outdoor Institute, part of the National Emergency Preparedness team, will be in Anchorage on Sat., Sept. 12th and in the Mat-Su Valley on Sat. Sept. 19th co-hosting emergency preparedness fairs. These family friendly events will feature vendors and professional trainers from a host of companies and agencies who provide safety training. They will be conducting demonstrations, games, hands-on activities, workshops, information and products to help you and your family get prepared.

Partnering with the Anchorage Municipal Library, Anchorage Parks and Recreation, Bridge Builders, Office of Emergency Management, Alaska State Troopers, American Red Cross, University of Alaska Mat-Su College and Mat-Su Emergency Services, NAOI invites you to attend the second annual National Emergency Preparedness Month - Safe and Sound fairs Sat., Sept. 12th at the Loussac Public Library and Sat., Sept. 19th at the University of Alaska Mat-Su College from 11 a.m. to 3 p.m. each day.

Get prepared. Plan to attend a Safe and Sound Emergency Preparedness Fair, provided as a free public service thanks...

This year go beyond fire alarms, smoke detectors, dead-bolt locks and extra food in the pantry; learn how to really get yourself and your family READY for any emergency or disaster.